

Experiential Workshop

Title		Social Dreaming Matrix
Goals	To provide 'another way of knowing' about group and unconscious processes	
Description	<p>Social dreaming involves interested participants in the conference attending a one-hour social dreaming 'matrix' at the start of each day. During the social dreaming event participants are invited to describe dreams that they have had in the period up to that moment, in the belief that these dreams carry some of the unconscious patterns of thinking, feeling and culture that are present in the conference. Also welcome in the social dreaming event are participants' free associations onto the dreams themselves. The focus is on the dreams and not the dreamer as it is considered that each dream is in some way connected to patterns in the unconscious of the whole conference. The purpose of social dreaming is not to analyze, but to make space for new thoughts.</p> <p>The event is hosted by people trained in the technique which evolves from the work of the Tavistock institute, and in particular the work of Dr Gordon Lawrence who also wrote extensively about the technique.</p> <p>Note: This workshop is co-hosted by Judit Gáspár (Hungary) and Nicola Wreford-Howard (Netherlands)</p>	
Number of participants	<i>Minimum</i>	No limit
	<i>Maximum</i>	No limit
About the facilitators...	<i>Name</i>	Martin Ringer, Judit Gáspár & Nicola Wreford-Howard
	<i>Background</i>	<p>Martin Ringer</p> <p>Martin has an extensive history of involvement in adventure education and adventure therapy. For most of the '80's he ran bicultural programs for youth (in NZ), initially with a developmental focus and then for four years he was Director of a national pilot research adventure therapy program. During the</p>

90's Martin moved to Perth and in 1997 he was the convenor of the first international adventure therapy conference (1IATC) at UWA in Perth.

Since that time Martin has continued to deliver workshops on adventure-based learning and group dynamics in a wide range of countries around the world, as well as teaching on the Masters of Psychodynamic Counselling & Psychotherapy course at Edith Cowan University in Perth, Western Australia. He has published many papers on experiential learning and on working with groups. His book "Group action: The dynamics of groups in therapeutic, educational and corporate settings" which is largely based on adventure-based learning, was published in 2002 and is still in print.

Martin's other passions are sculpting in stone, renovating his summer home in France and collecting forest mushrooms.

(See www.groupinstitute.com for more information).

Judit Gáspár

Judit Gáspár, Ph.D. is a senior lecturer at the Corvinus University of Budapest, leads courses on Decision Science, Decision Methods, Corporate Strategy. Her interests of research are: managerial and group decision-making, strategy-as-practice, foresight, participatory, experiential and reflexive methodologies. Participated in group relation conferences at Coesfeld and Budapest; licenced host of Social Dreaming and Social Photo Matrix, methodologies

Nicola Wreford-Howard

Psychologist, coach & executive development consultant Nicola Wreford-Howard works & plays with dreams: Within corporations, business schools and in private practice she enables individuals and groups to link dreams & purpose: to align authentic action effectively in the dynamic international networks and communities that make up their professional & personal roles & identity. Nicola designs spaces and experiences to explore untapped potential and sense-making: to create balance across organizational and life transitions. Nicola founded the Global Nomads Network and co-created the 'Prototyping the Emerging Future' community of practice. She is a member of the International Society of the Psychoanalytic Study of Organizations (ISPSO) and has worked in the Tavistock tradition of group relations since the mid nineties.





Image from <http://www.funzionegamma.it/home-english/>



Erasmus+ Partnership supported by Erasmus+ - the EU program for education, training, youth and sport.

Reaching Further: Exploring the healing effects of Adventure Education and Experiential Learning, a methodology to increase the quality of youth work for European youngsters with fewer opportunities