

Experiential Workshop

Title		“What is a good question?”, is a good question
Goals	Giving concrete answers to the questions: "What is a good reflection question and in what form do I transfer it to depending on the type of group / the participant?"	
Description	<p>We often speak of: "Reflection in action or reflection after action." I assume that experiences always come with some form of personal reflection. I try to encourage and explicit personal reflection with respect for the learner/coachee. An aspect that keeps me busy, again and again, is: "What is a good reflection question and in what form do I transfer it to?" In an interactive way, using our combined experience and expertise, I try to give ‘a’ answer to those questions. I often use following frameworks: Model of G. Bateson (Logical levels of thinking, learning and change), core reflection model F. Korthaegen and active reviewing Greenway.</p>	
Number of participants	Minimum	8
	Maximum	20
About the facilitator...	Name	Philip De Zommers
	Background	<p>Philip De Zommers (1967) is a graduate in Special Education (IPSOC Kortrijk, Belgium), graduated in Family Counseling (VSPW, Kortrijk, Belgium) and holds a postgraduate Adventure Education (KHLim, Hasselt, Belgium).</p> <p>He's since 2006 lector at the University-College Odisee (Social & Community Work, Brussels/Belgium). Courses: communication in conflicts and crises, group dynamics, active reviewing, dynamics (as in: group assignments). He is also coordinator of and supervisor in a postgraduate Adventure Education. In 2016 he started as a counselor, a sole proprietorship in the form of canoe-coaching.</p> <p>Previously he worked for fourteen years in the Youth Care as special educator and family counselor. He has experience in coaching young people, adolescents and adults (super- and intervision) in guiding Adventure Education programs and in supporting leisure outdoor programs, including canoe trips.</p>

