

Experiential Workshop

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| Title | Secrets of the trade – what makes experience in nature transformative | |
| Goals | To present current and novice empirical evidence as revealed in our current research focusing on positive change, growth and transformation in nature – what is unique about the process, what works best, under what conditions and how these understandings can be implemented | |
| Description | This workshop will occur in a closed area so that I may present a slideshow taking the group through the steps | |
| Number of participants | Minimum | No minimum |
| | Maximum | 100 |
| About the facilitator... | Name | Lia Naor |
| | Background | Lia Naor is a PhD student in the Department for Counseling and Human Development at the University of Haifa, Israel, focusing on positive transformation specifically as occurring in nature. Lia holds a BA in social work and an MA in drama therapy. She is a licensed nature guide and for the past 20 years has combined her love and experience in the field of nature with transformative processes through "Ways of knowing" – a model for therapeutic quests in nature that she developed. She teaches nature therapy, has published several papers, lectures on related topics and has a private practice working with individuals and groups seeking change, wholeness and actualization. Lia teaches and studies the therapeutic aspects of nature in the context of positive change as a researcher, teacher, student and lover of nature and humanity. |

