

Experiential Workshop

Title	"CIRCLE OF COURAGE" as a model/ guideline to create experiential learning with traumatic youngsters	
Goals	<ul style="list-style-type: none"> • Knowledge about the development and signs of trauma • Knowledge about the model "Circle of Courage" • Design of therapeutical work according on the base of CIRCLE OF COURAGE • Practice a creative, situation-oriented approach to the model • Reflection of self-examinations done in the seminar 	
Description	<p>Development of self-efficacy is one of our main goals in experiential learning settings and also one of the important therapeutic targets in the work with traumatic experienced youngsters (humans). The CIRCLE OF COURAGE shows us in an easy way what kind of attitude is needed as a therapist/ trainer to build experiential learning scenarios.</p> <p>The knowledge of the development of a traumatic "squeeze" or PTSD is the base for understanding, what the needs of our clients/ youngsters are.</p> <p>So with that background knowledge we can look how we have to create experiential learning settings with positive self-efficacy elements with a high effect.</p> <p>We want to discuss about our experiences of varios methods of the experiential learning suitecase, to look what kind of methods are possible to work in a therapeutical context.</p>	
Number of participants	Minimum	8
	Maximum	30
About the facilitator...	Name	Christiane Thiesen
	Background	<p>Christiane has been practicing for more than 20 years experience and action-based learning with groups and teams of different ages. She is a trainer for team development with action-based methods for profit and non-profit organizations. She has been involved over 15 years in the teaching team for Experiential Education at OUTWARD BOUND Germany.</p> <p>As a graduate social worker she has a lot of experience in the fields of Education, social work with families, social group work, general out-patient and in-patient care as well.</p> <p>She has a lot of years experiences in individual and intensive pedagogical settings as supervisor and consultant for maladjusted adolescents.</p>



From August 2015 to March 2016 she created (based on the concept of the CIRCLE OF COURAGE) a social-clearing group for unattended underage refugees. Step by step the group-concept would developed by a long-term staying, with the chief aim of integration. At that time she began to engage and study in the traumatac field of trauma pedagogic and therapy at the foundation „wings of hope“ (trauma ambulances in Bosnia, Iraque, Israel)

As a member in various boards such as the German Federal „Association of individual- and experiential learning“ and OUTWARD BOUND Germany she is engaged today in sustainable concepts and holistic education.

Christiane is self-employed as an independent supervisor and coach (systemically oriented), consultant of social institutions and as the CEO of CREATE YOUR CHANGE (seminars and workshops).

